

## PROFILE

Name, address & contact telephone number Also e-mail address if you have one	
Date and Package Number	
When is your birthday? Star sign?	
Name & telephone number of emergency contact	
Do you have any medical conditions which we should be aware of, please specify	
Do you participate in any form of regular exercise, please specify	
Do you have any special dietary requirements	
Have you ever had Reiki , Reflexology, M or any other type of alternative therapy. Please specify	
Would you be interested in a personal exercise plan	
If you are interested in any beauty treatments ( not included in the package), please pre-book with us at least 2wks prior to arrival to ensure availability	
Who are your favourite authors. What is your favourite book	
What is your favourite colour?	
Who are your favourite bands/singers	
Do you play any musical instruments	
What are your favourite foods & drinks	